



Delta oscillation underlies the interictal spike changes after repeated transcranial direct current stimulation in a rat model of chronic seizures



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ABSTRACT

Background: Transcranial direct current stimulation (tDCS) provides a noninvasive polarity-specific constant current to treat epilepsy, through a mechanism possibly involving excitability modulation and neural oscillation.

Objective: To determine whether EEG oscillations underlie the interictal spike changes after tDCS in rats with chronic spontaneous seizures.

Methods: Rats with kainic acid-induced spontaneous seizures were subjected to cathodal tDCS or sham stimulation for 5 consecutive days. Video-EEG recordings were collected immediately pre- and post-stimulation and for the subsequent 2 weeks following stimulation. The acute pre-post stimulation and subacute follow-up changes of interictal spikes and EEG oscillations in tDCS-treated rats were compared with sham. Ictal EEG with seizure behaviors, hippocampal brain-derived neurotrophic factor (BDNF) protein expression, and mossy fiber sprouting were compared between tDCS and sham rats.

Results: Interictal spike counts were reduced immediately following tDCS with augmented delta and diminished beta and gamma oscillations compared with sham. Cathodal tDCS also enhanced delta oscillations in normal rats. However, increased numbers of interictal spikes with a decrease of delta and theta oscillations were observed in tDCS-treated rats compared with sham during the following 2 weeks after stimulation. Resuming tDCS suppressed the increase of interictal spike activity. In tDCS rats, hippocampal BDNF protein expression was decreased while mossy fiber sprouting did not change compared with sham.

Conclusions: The inverse relationship between the changes of delta oscillation and interictal spikes during tDCS on and off stimulation periods indicates that an enhanced endogenous delta oscillation underlies the tDCS inhibitory effect on epileptic excitability.

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Introduction

Seizure is a transiently abnormal symptom of excessive synchronized neuronal discharge in the brain [1]. Epilepsy is a brain disorder where the neural network has an enduring tendency to spontaneously generate recurrent seizures [2]. Current anti-epileptic drugs (AEDs) can only effectively control seizures in up

to two-thirds of patients with epilepsy [3]. For patients with drug-resistant epilepsy, surgery to remove or disconnect epileptogenic regions provides a post-operative seizure free rate around 30–80% [4]. Neuromodulation therapeutics such as deep brain stimulation and vagus nerve stimulation are currently FDA-approved, while others like transcranial magnetic stimulation and transcranial direct current stimulation (tDCS) are undergoing clinical trials for patients with refractory epilepsy [5,6]. tDCS is a non-invasive, safe, and easy-to-use stimulation modality to treat seizures in patients with epilepsy [7]. tDCS can modulate cortical excitability by polarity-dependent direct current stimulation, whereby anodal tDCS (a-tDCS) and cathodal tDCS (c-tDCS) provide facilitatory and inhibitory effects, respectively [8,9]. In general, c-tDCS can decrease cortical excitability and cause long-term depression (LTD)-like plasticity. However, c-tDCS can also generate non-linear effects with excitability enhancement and long-term potentiation (LTP)-like plasticity [10,11]. In addition, long-lasting effects and neuroplasticity changes following repeated tDCS have also been reported in animal models of disease such as neuropathic pain and cognitive impairment [12,13]. Repeated tDCS could be a treatment for neurological disorders by modulating cortical excitability and related dysfunctions, such as seizure and epilepsy. Indeed, some clinical studies showed that c-tDCS reduced seizure frequency in patients with epilepsy [14–19]. Nevertheless, the interictal epileptiform discharge (IED) changes following tDCS exhibit large inter-individual variability. An IED is a transient epileptic potential without behavioral seizures that reflects a brief event of hyperexcitability on EEG. Though IEDs do not fully represent the general background activity and synchronicity of the neural network, they indicate a clear abnormality of network hyperexcitability. Network excitability is associated with changes in EEG oscillations, but little is known about the relationship between changes in EEG oscillation and IED in epilepsy animal models treated with repeated tDCS. Understanding how tDCS modulates oscillations and affects neuronal excitability in the epileptic brain is important to determine tDCS' mechanism of action. Ictal EEG oscillations have been shown to be altered in tDCS-treated status epilepticus (SE) rats [20]. Low frequency stimulation was reported to reduce seizures by deep brain stimulation [21] and optogenetic stimulation [22]. Although direct current (DC) is not like those modalities with variable stimulation frequencies, it is interesting to determine whether tDCS changes the excitability in an epileptic brain by altering its endogenous rhythms. Here, we hypothesize that repeated c-tDCS can decrease excitability, as measured by the change of interictal spikes, through modulating neural oscillations in a rodent model of epilepsy. The study investigates the changes of interictal spikes and EEG power spectral density (PSD) during the immediate pre- and post-stimulation periods, as well as the follow-up periods following withdrawal of repeated tDCS compared with sham stimulation in a chronic rat model of kainic acid (KA)-induced spontaneous seizures.

Methods

Chronic rat model of KA-induced spontaneous seizures

The chronic rat model of spontaneous seizures following KA-induced SE was adopted in this study [20,23,24] (Supplementary Methods). Four weeks after KA-induced SE, chronic spontaneous seizures and interictal spikes appeared [25], and the rats were subjected to the tDCS experiment. Ninety-one Sprague–Dawley male rats (6 weeks old, 200–270 g, KA-tDCS = 25, KA-sham = 21, normal-tDCS = 23, normal-sham = 19, KA = 3) were used. All experimental procedures were performed according to the National Institutes of Health Guidelines for the Care and Use of

Laboratory Animals and were approved by the Institutional Animal Care and Use Committee of National Cheng Kung University.

Depth EEG implantation and tDCS assembly

The surgery was performed in the third week after KA induction and animals had 1 week for recovery before the experiments. Animals were placed on the stereotaxic apparatus under anesthesia to implant a plastic cannula (1 cm-height, 1 mm-inner radius) fixed on the skull, with the cannula center located 3 mm posterior to the Bregma on the central sagittal fissure above the dorsal hippocampus. The cannula was filled with 0.9% normal saline to serve as a plug site for the c-tDCS electrode pin [20,26,27]. An EKG electrode (30 × 22 mm² pad, Ambu/NF50K) was placed at the dorsal shoulder to serve as a-tDCS electrode and fixed with conductive gel during stimulation [13]. A DC stimulator (DC-Stimulator Plus, NeuroConn) was used to generate 1 mA cathodal DC over the defined skull area above the dorsal hippocampus with 10 s-ramp up and 10 s-ramp down. Five bipolar depth EEG needles (50 μm-diameter PFA-coated stainless-steel wire, A-M Systems, WA, USA) were inserted into bilateral CA1 (AP: 5 mm, ML: ± 3.5 mm, DV: 3 mm) and aligned with three on the right CA1 and two on the left CA1 with 50 μm distance in-between. The c-tDCS electrode and EEG needles were fixed onto the skull using acrylic dental cement (Sigma).

tDCS stimulation and EEG recording protocol

EEG signals on the day before stimulation were recorded for 2 h as baseline (D0). Rats were subjected to tDCS (1 mA, 30 min per day) or sham (1 mA, 30 s per day) for five consecutive days. This setting has been shown to alleviate seizure severity in SE rats [20] and chosen for our study. Experiments were performed under identical isoflurane gas anesthesia to reduce stress and ensure stability during stimulation, and all procedures were identical in both groups. Video-EEG recording was performed in awake freely moving rats for 1 h before and after stimulation each day (D1–5) to compare the acute pre-post stimulation changes in KA rats. Identical stimulation procedures (1 mA, 30 min for c-tDCS; 30 s for sham) were performed in normal rats with pre- and post-stimulation (stim) recordings for 20 min, respectively. In contrast to the stimulation groups, the EEGs of age- and time-matched KA rats were obtained for 5 days. The recording was continuous on every other day for 6 h per day in the following period after stimulation in KA rats (D8–19). Sham or tDCS was resumed for another 5 days (D22–26) after the follow-up period when the immediate pre- and post-stim EEGs were recorded. The procedure of the second stimulation period was analogous to the first. All animals received stimulation and EEG recording at identical periods of a day. EEGs were collected with a gain of 800 and 0.8 Hz to 7 kHz band pass filter at a 2 kHz sampling rate. Signals were collected using a neural recording system (5 channels Tethered Record System, Triangle BioSystems International) and processed through the MP150 acquisition system (BIOPAC Systems Inc.). All EEG signals were analyzed off-line.

Interictal spike detection and EEG oscillation analysis

Spike detection

Interictal spikes were automatically detected using the following criteria: (1) peak amplitude > 10 times the baseline amplitude and > 1 mV, and (2) width at the half maximum of the peak < 200 ms with an inter-peak-interval to the prior detected spike > 70 ms [20]. The baseline amplitude for each rat was calculated by averaging the absolute amplitude values from three segments of 2-min EEGs starting at 0, 20, and 40 min from the 1-h

EEG. We calculated the pre-post stim spike change ratio by subtracting pre-stim from post-stim spike counts and then divided by the pre-stim spike number, 1 h for each pre- and post-stim recording period. An identical method was applied to calculate the follow-up to pre-stim spike change ratio whereby D0 EEG was used as pre-stim baseline.

Oscillations

Post-tDCS EEGs (D1–5) were analyzed using PSD and compared with those of sham in KA-treated rats and normal rats, respectively. PSDs of the follow-up EEG (D8–19) between tDCS and sham in KA rats were also compared. The baseline-normalized post-stim EEG was processed using Welch's method for PSD, using every 2000-point segment with 50% overlapping (MatLab built-in function, `pwelch`). The difference between tDCS and sham was displayed on the time frequency spectrogram over the 120 s sampled and summed from the 28–30 and 58–60 min, and 1200 s from 0–20, 20–40, and 40–60 min of the post-stim 1 h EEG from D1–5. Pre- and post-stim power spectra were integrated, calculated into the pre-post ratio (post-stim divided by pre-stim) for delta, theta, alpha, beta and gamma bands and compared between tDCS and sham-treated KA rats. The correlation between pre-post stim change ratios of interictal spike and delta power was examined.

BDNF immunoassay and mossy fiber immunofluorescent staining

At the end of the 2-week follow-up recording period, randomly selected KA-induced animals from the tDCS and sham groups were sacrificed to obtain hippocampal tissues for brain derived neurotrophic factor (BDNF) analysis and mossy fiber immunofluorescent staining. BDNF protein levels were measured using a conventional ChemiKine BDNF Sandwich ELISA kit (Chemicon/Millipore, Billerica, MA) according to the manufacturer's protocol. The hippocampus was sliced for Zinc transporter 3 (ZnT3) mossy fiber staining with 40 μm thickness with one out of six slices being selected for staining. Coronal brain sections were incubated with primary antibodies against ZnT3 followed by secondary antibodies. Fluorescence microscopic images were obtained using a confocal laser scanning microscope (FV1000, Leica, Germany), and imported into TissueQuest software version 4.0 for ZnT3 intensity quantitative analysis. The ZnT3 intensity of the granular cell layer and molecular layer over the dentate gyrus was automatically counted for each slice. The intensity in each rat was then divided by the mean of all sham-treated rats to obtain the ZnT3 intensity ratio. (Supplementary Methods).

Statistical analysis

The results are presented as median \pm interquartile range (IQR). All statistical analyses were performed using the Prism 6 software package. The differences of interictal spikes, frequency specific oscillations, BDNF and ZnT3 staining between tDCS and sham were compared using the non-parametric Mann–Whitney U test for non-normal data distributions. PSD comparison between groups was analyzed using repeated measure two-way ANOVA. The level of significance was set at $p < 0.05$.

Results

Interictal spike activity decreased immediately after c-tDCS

We first examined whether the interictal spike activity in a chronic spontaneous seizure rat model was affected by tDCS. Before stimulation, the baseline interictal spike frequency obtained in the fourth week following KA induction (D0) was not significantly

different between the tDCS and sham groups (median of interictal spikes per hour, tDCS 27.64 vs. sham 28.62, Mann–Whitney $U = 185.0$, $p = 0.916$). The pre-post spike number change ratios were lower in tDCS rats compared with sham ($p = 0.023$; Fig. 1A). The pre-post spike number change ratios were then chronologically displayed on each stimulation day and compared between tDCS and sham. The pre-post spike number change ratios of the tDCS group decreased with less variability than sham, when a significant reduction in tDCS group was observed during D3 stimulation ($p = 0.033$; Fig. 1B). A decrease in interictal spikes was observed when comparing pre- and immediate post-stim EEGs from a representative tDCS-treated rat (Fig. 1C) versus a sham-treated rat (Fig. 1D). Neither tissue injury nor cell count differences between groups were observed after five stimulation days (Supplementary Fig. 1).

Delta oscillation was enhanced immediately after repeated c-tDCS

Since decreased interictal spike frequencies were observed immediately after tDCS, we further tested the hypothesis that the change in local field oscillations induced by tDCS was correlated with the interictal spike reduction. Two-way repeated measure ANOVA showed that tDCS was a significant factor contributing to PSD changes in KA rats (tDCS, $n = 25$, vs. sham, $n = 21$ rats, $p = 0.0369$ for right CA1, $p = 0.0021$ for left CA1, one electrode). Increased delta power in tDCS-treated rats versus sham was consistently observed from EEG sampled from two electrodes at the left CA1, three electrodes at the right CA1 and all five electrodes (Fig. 2A). Logarithmic PSD showed similar results as raw data analyses (Supplementary Fig. 2). Delta oscillation was significantly higher in tDCS-treated rats compared to sham-stimulation or KA induction only. To determine whether the increased delta oscillation is generated by c-tDCS, we examined the PSD of post-stim EEG comparing tDCS and sham in normal rats. tDCS remained a significant factor affecting EEG oscillation in normal rats ($p < 0.0001$, Fig. 2B), with delta oscillations being significantly increased in tDCS compared to sham-treated normal rats. We further examined pre-post tDCS power ratio changes in KA rats for each specific frequency band over five stimulation days compared with sham (Fig. 2D–H). High frequency gamma ($p < 0.0001$) and beta oscillations ($p = 0.0142$) were significantly reduced in tDCS-treated rats. In contrast, the low frequency delta oscillation power ($p = 0.0158$) significantly increased following repeated c-tDCS. The enhanced delta oscillation in tDCS-treated rats was clearly visible on the time frequency spectrogram following summation of the power ratio difference of tDCS and sham over each frequency across time (Fig. 2C and Supplementary Fig. 3). The negative correlation between the pre-post stimulation change ratios of interictal spikes and delta power (Spearman $r = -0.1670$, $p = 0.0337$), which was stronger in tDCS than sham-treated rats (Fig. 2I), indicates the association between the decrease of interictal spikes and increased delta power following stimulation.

Increased interictal spikes and decreased low-frequency oscillation in the follow-up period after tDCS withdrawal

The interictal spikes recorded during the 2-week period following stimulation were analyzed to investigate whether the inhibitory effect on interictal spikes would be affected by tDCS withdrawal in KA rats. When pooling data sampled from every other day among D8–19, we found that the follow-up to pre-stim spike change ratio significantly increased in the tDCS group ($n = 20$) compared with sham group ($n = 14$ rats, Mann–Whitney U test, $p < 0.0001$, Fig. 3A). Follow-up to pre-stim interictal spike change ratios increased in tDCS-treated rats compared to sham

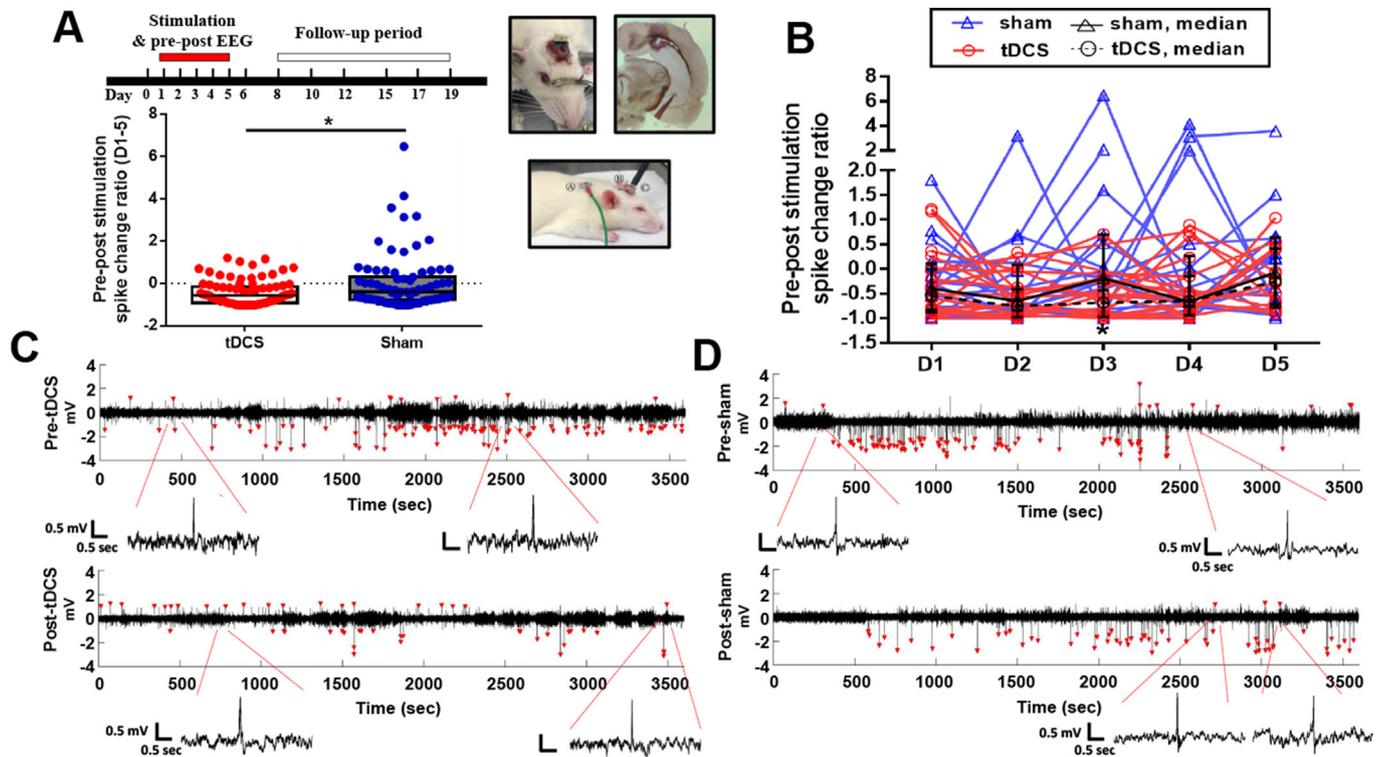


Fig. 1. Interictal spike activity decreased immediately after c-tDCS. **A**, Experimental time course (upper left panel). Red bar indicates pre- and post-stimulation EEG sampling period. Assembly of EEG electrode and c-tDCS electrode plugin site (upper middle panel). Electroablation of the depth EEG needle insertion site (upper right panel). Stimulation setup. @ anodal electrode, @ EEG assembly, @ cathodal electrode (lower right panel). Post-to pre-stimulation spike change ratio over the 5 days of stimulation in tDCS treated rats compared with sham (lower left panel, tDCS $n = 25$ rats, median = -0.580 , sham $n = 21$ rats, median = -0.394 , Mann–Whitney U test, $p = 0.023$). Dark lines indicate median and boxes interquartile range (IQR). **B**, Pre-post interictal spike change ratio on each stimulation day in tDCS and sham-treated rats. A significant reduction on D3 between tDCS and sham (median, tDCS = -0.679 vs. sham = -0.188 , Mann–Whitney $U = 51.5$, $p = 0.033$). Pre-post spike daily change ratio for each animal shown in blue or red traces for sham and tDCS, respectively. Black traces with triangles and circles represent the median with IQR from sham and tDCS rats, respectively. **C**, Representative pre- and post-stimulation interictal spikes in a tDCS treated rat. **D**, Representative pre- and post-stimulation interictal spikes in a sham treated rat. * $p < 0.05$.

animals particularly on D12 and D15 (Fig. 3B). The PSD revealed a distinct difference between tDCS and sham-treated rats (tDCS vs. sham, $p < 0.0001$, two-way ANOVA). *Post-hoc* analysis showed that PSDs of tDCS rats significantly decreased from ≥ 1 Hz to < 8 Hz compared to sham (Fig. 3C). Isolated interictal spikes were sporadically scattered in representative traces of tDCS and sham rats (Fig. 3D) but not corresponding to delta-to-theta PSD changes. To test whether the increase of interictal spikes is a rebound response following tDCS withdrawal and can again be suppressed by another course of repeated tDCS, we recorded the EEG from the first stimulation period (D1–5), the follow-up (D6–21), and the second stimulation period (D22–26). In tDCS-treated rats, post-stim interictal spikes indeed decreased compared with the pre-stim during the first tDCS course. The frequency of interictal spikes increased in the follow-up period and was suppressed again by the subsequent tDCS session (Fig. 3E, left upper panel). Neither immediate post-stim suppression nor following-up spike rebound was observed in sham-treated rats (Fig. 3E, right upper panel). Interictal spikes in the follow-up period significantly increased compared to post-tDCS spikes of the first and second stimulation phases while no significant changes occurred in sham-treated rats ($n = 3$ in both groups, Fig. 3E, lower panel).

Ictal discharges in the follow-up period after repeated tDCS

Although no seizure was observed during the pre- and post-stim periods in tDCS and sham rats, we analyzed tDCS effects on ictal EEG and behavior in follow-up periods. Seven seizure events with

simultaneous ictal EEG were recorded from tDCS and sham-treated rats: one “freezing” seizure, one stage 4 seizure (Racine scale) in tDCS rats and one stage 3, three stage 4, and one stage 5 seizures in sham rats (Supplementary Fig. 4). The seizures lasted for 1–2 min and subsided spontaneously. Quasi-rhythmic periodic discharges of isolated spikes were recorded in a tDCS rat with freezing behavior (Fig. 4A). Ictal EEG of a stage 4 seizure with high-amplitude polyspikes, followed by rhythmic spike-and-wave complexes (~ 1.5 – 2 Hz) and then regression (Fig. 4B) was recorded in another tDCS rat while presenting forelimb continuous clonus and rearing with lordotic standing posture. Ictal EEG recorded in one sham-treated rat during stage 4 and 5 seizures showed similar patterns with a burst of high-frequency dense polyspikes for around 15 s and returning to interictal state (Fig. 4C and D). In contrast to the sustained polyspikes observed in sham rats, low-frequency ictal spikes or spike-and-wave complex were commonly observed in tDCS rats.

Hippocampal mossy fiber sprouting and BDNF expression following repeated tDCS

Hippocampal mossy fiber sprouting and BDNF expression are reported as chronological consequences reflecting tDCS effects on severe seizures in a rat model of SE [20]. To investigate whether tDCS effects on our model of chronic spontaneous seizure can be reflected by mossy fiber sprouting and BDNF expression, we analyzed both in the hippocampi in tDCS and sham conditions. There was no significant difference on ZnT3 stained mossy fibers in the granular cell layer and molecular layer of the dentate gyrus

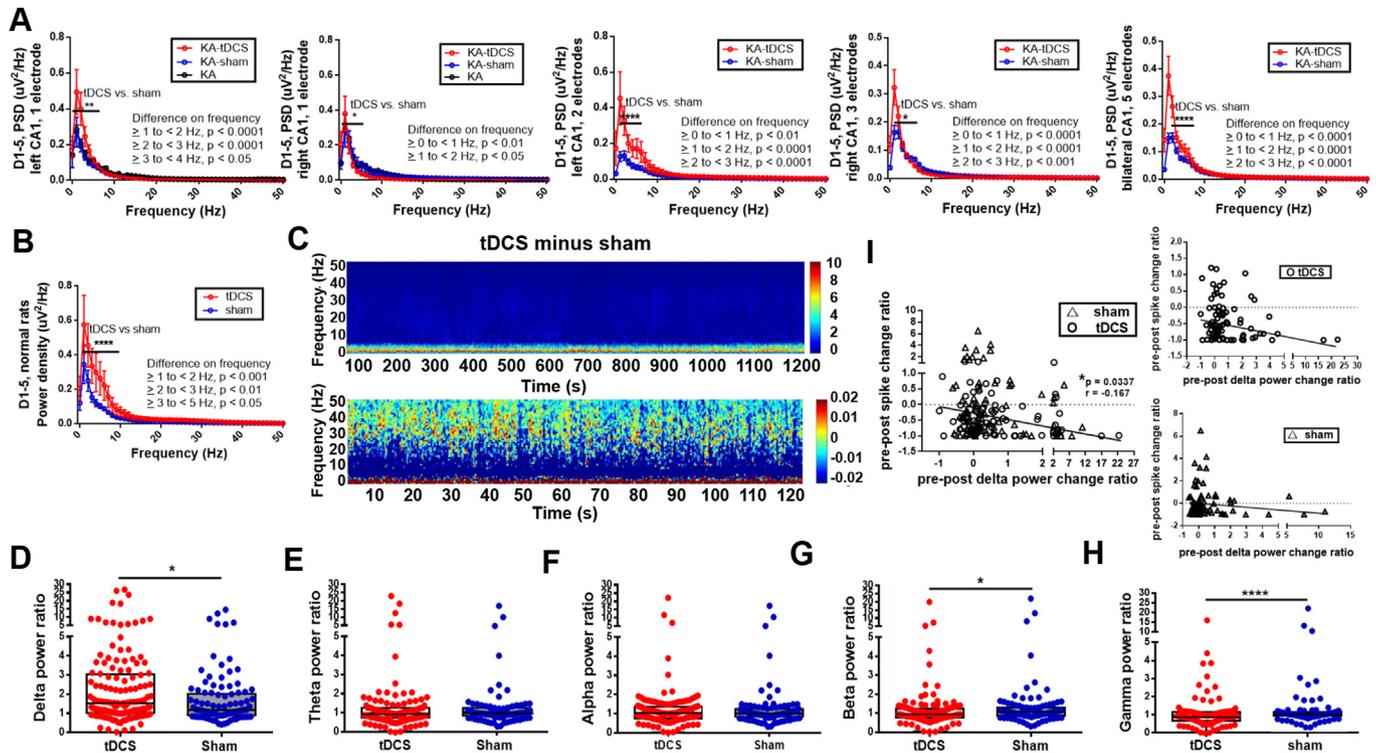


Fig. 2. Delta oscillation was enhanced immediately after repeated c-tDCS. **A**, Post-tDCS PSD in KA rats over the 5 stimulation days compared with sham stimulation (first panel, left CA1-1 electrode, two-way repeated measure ANOVA, tDCS vs. sham, $p = 0.0021$, frequency $p < 0.0001$, interaction $p < 0.0001$, *post-hoc* Bonferroni's test, tDCS vs. sham, ≥ 1 to < 2 Hz, $p < 0.0001$, ≥ 2 to < 3 Hz, $p < 0.0001$, and ≥ 3 to < 4 Hz, $p = 0.0153$; second panel, right CA1-1 electrode, tDCS vs. sham, $p = 0.0369$, and frequency $p < 0.0001$, *post-hoc* test, tDCS vs. sham, ≥ 0 to < 1 Hz, $p = 0.0071$ and ≥ 1 to < 2 Hz, $p = 0.0159$; third panel, left CA1-2 electrodes, tDCS vs. sham, $p < 0.0001$, interaction $p < 0.0001$, *post-hoc* test, tDCS vs. sham, ≥ 0 to < 1 Hz, $p = 0.0027$, ≥ 1 to < 2 Hz, $p < 0.0001$, and ≥ 2 to < 3 Hz, $p < 0.0001$; fourth panel, right CA1-3 electrodes, tDCS vs. sham, $p = 0.0466$, frequency $p < 0.0001$, interaction $p < 0.0001$, *post-hoc* test, tDCS vs. sham, ≥ 0 to < 1 Hz, $p < 0.0001$, ≥ 1 to < 2 Hz, $p < 0.0001$, and ≥ 2 to < 3 Hz, $p = 0.0005$; fifth panel, bilateral CA1-5 electrodes, tDCS vs. sham, $p < 0.0001$, frequency $p < 0.0001$, interaction $p < 0.0001$, *post-hoc* test, tDCS vs. sham, ≥ 0 to < 1 Hz, $p < 0.0001$, ≥ 1 to < 2 Hz, $p < 0.0001$, and ≥ 2 to < 3 Hz, $p < 0.0001$). PSD of age- and time-matched KA rats indicated by black line. **B**, Post-tDCS PSD of normal rats over the 5 stimulation days compared with sham (two-way repeated measure ANOVA, tDCS vs. sham, $p < 0.0001$ and frequency $p < 0.0001$, *post-hoc* Bonferroni's test, tDCS vs. sham, ≥ 1 to < 2 Hz, $p = 0.0004$, ≥ 2 to < 3 Hz, $p = 0.0038$, ≥ 3 to < 4 Hz, $p = 0.0218$, and ≥ 4 to < 5 Hz, $p = 0.0284$). **C**, Time-frequency spectrogram subtracting the power of sham from tDCS-treated KA rats. Upper panel, sampled and summed every 20 min for post-stim 1-h EEG. Lower panel, selected last 2 min every 30 min for post-stim 1-h EEG. Both including D1 to D5, tDCS, 25 rats; sham, 21 rats. **D**, Post-stimulation delta power (0.1–3.9 Hz) normalized to pre-stimulation compared tDCS and sham (tDCS vs. sham, median power ratio 1.525 vs. 1.153, $U = 5407$, $p = 0.0158$, Mann–Whitney U test). **E**, Post-stimulation theta power (4.0–7.9 Hz) normalized to pre-stimulation compared tDCS with sham. **F**, Post-stimulation alpha power (8.0–11.9 Hz) normalized to pre-stimulation compared tDCS with sham. **G**, Post-stimulation beta power (12.0–29.9 Hz) normalized to pre-stimulation compared tDCS with sham (tDCS vs. sham, median power ratio 0.95 vs. 1.080, $U = 5388$, $p = 0.0142$). **H**, Post-stimulation gamma power (30.0–45.0 Hz) normalized to pre-stimulation compared tDCS with sham (tDCS vs. sham, median power ratio 0.892 vs. 1.04, $U = 4665$, $p < 0.0001$). **I**, Correlation between pre-post stimulation change ratios of interictal spike and delta power among all rats (Spearman $r = -0.1670$, $p = 0.0337$), tDCS treated rats ($n = 25$ rats, Spearman $r = -0.1998$, $p = 0.0701$), and sham treated rats ($n = 21$ rats, Spearman $r = -0.06617$, $p = 0.5623$). * $p < 0.05$, ** $p < 0.01$, **** $p < 0.0001$.

between tDCS and sham-treated rats (Fig. 5A and B). However, a decrease in hippocampal BDNF protein expression was revealed in tDCS-treated rats compared with sham ($n = 11$ rats in both groups, Mann–Whitney U test, $p = 0.028$).

Discussion

Clinical tDCS studies on epilepsy control mostly rely on IED measures. Although interictal spike activity cannot precisely recapitulate seizures, it shares a similar temporal probability distribution and common underlying rhythmicity with seizures and serves as a useful biomarker of cortical excitability [28]. Several studies show that tDCS can reduce IEDs but with large intra- and inter-individual variabilities [16,18]. They also lack long-duration EEG recordings to understand how tDCS modulates brain activity. To this end, our study examined EEG oscillations and interictal spike changes in the pre-post stimulation and subacute follow-up periods to explore whether the epileptic brain responds differently at these stages following stimulation. Our data shows that interictal spikes decreased immediately after c-tDCS but increased in the subsequent two weeks following stimulation withdrawal. The

decrease of interictal spike counts could be attributed to the immediate inhibitory effect of c-tDCS, since cathodal DC can hyperpolarize the membrane potential [29,30]. The increase of interictal spikes in the follow-up period may indicate a post-inhibitory rebound (PIR) phenomenon following c-tDCS withdrawal. Hyperpolarization-activated cation currents were reported to cause PIR spikes in the rat medial entorhinal cortex [31]. PIR firing is likely to occur when GABA_A and metabotropic glutamate receptors are simultaneously activated by concurrent excitation and inhibition [32]. Thus, it is reasonable to assume that repeated c-tDCS induced an immediate hyperpolarization and post-stimulation inhibition. The release from prolonged hyperpolarization following withdrawal of inhibitory tDCS consequently activated a PIR-like excitation with increasing interictal spikes in the follow-up period. PIR is reportedly more prevalent during theta (4–6 Hz) than delta oscillation (0.5–2 Hz) in entorhinal cortex interneurons [33]. Whether the increase of interictal spikes in the follow-up period is associated with different oscillation states following stimulation as the oscillation-dependent PIR remains to be determined. c-tDCS generally decreases cortical excitability and induces LTD-like plasticity, while increased cortical excitability and LTP-like plasticity

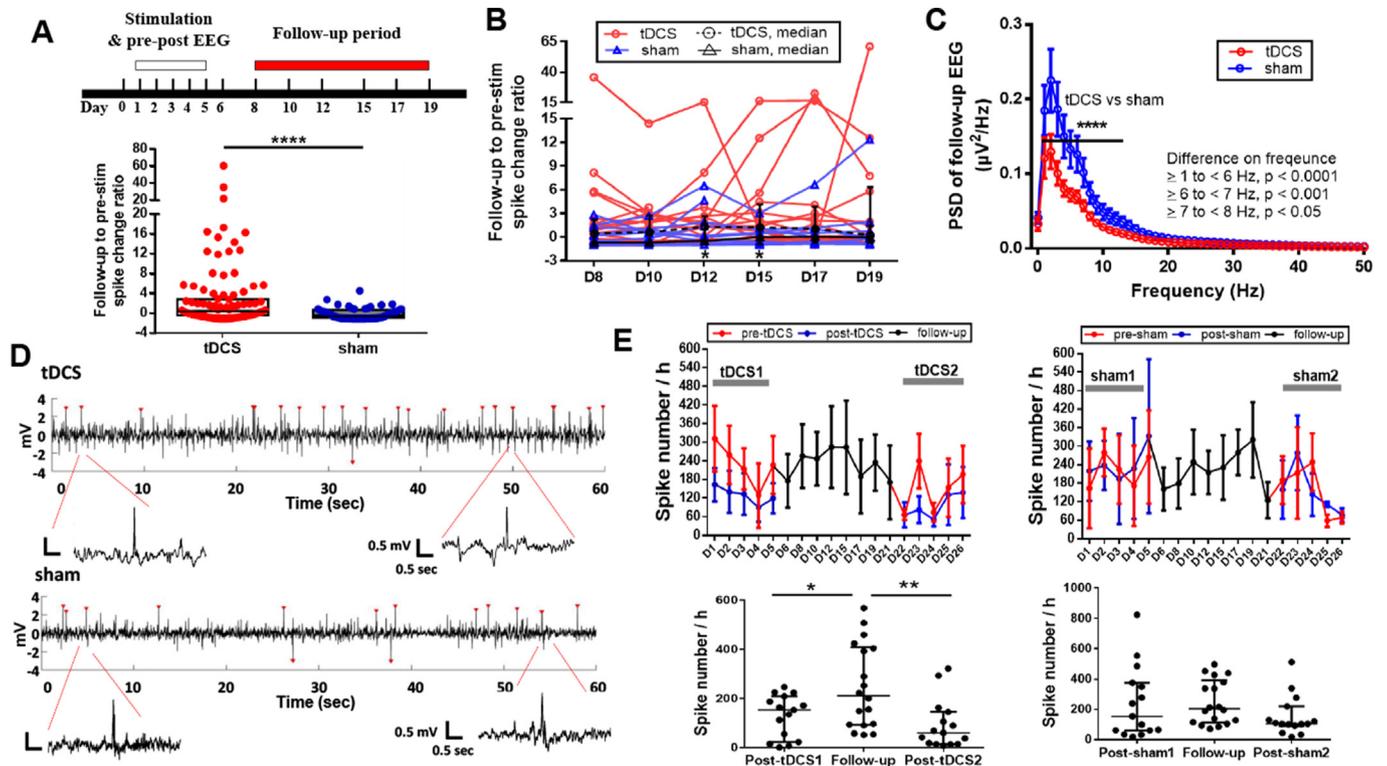


Fig. 3. Increased interictal spikes and decreased low-frequency oscillation in the follow-up period after tDCS withdrawal. **A**, Experimental time course (upper panel). Red bar indicating the follow-up EEG sampling period. Interictal spike ratio of follow-up to pre-stimulation (D0) in tDCS treated rats compared with sham (lower panel, tDCS vs. sham, median power ratio 0.419 vs. -0.529 , $U = 2254$, $p < 0.0001$, Mann–Whitney U test). Dark lines indicate median and boxes for IQR. **B**, Follow-up to pre-stimulation interictal spike ratio in tDCS versus sham on each sampling day. It was significantly increased in tDCS than sham on D12 (tDCS vs. sham, median ratio 1.22 vs. -0.53 , $U = 63$, $p = 0.0302$, Mann–Whitney U test) and D15 (tDCS vs. sham, median ratio 0.872 vs. -0.084 , $U = 38.00$, $p = 0.0264$). Red line, data of each animal treated with tDCS; blue line, sham. Black traces with triangles and circles represent the median with IQR from sham and tDCS rats, respectively. **C**, PSD of follow-up EEG comparing tDCS and sham (two-way repeated measure ANOVA, tDCS vs. sham, $p < 0.0001$, *post-hoc* Bonferroni's test, tDCS vs. sham, ≥ 1 to < 6 Hz, $p < 0.0001$, ≥ 6 to < 7 Hz, $p = 0.0003$, and ≥ 7 to < 8 Hz, $p = 0.0237$). **D**, Representative interictal spikes in the follow-up period from tDCS treated and sham treated KA rats. **E**, Representative interictal spikes of the follow-up period, and pre- and post-stimulation interictal spikes of the first and second stimulation course of tDCS and sham (upper panel). Statistical graph (lower panel) comparing interictal spike numbers of follow-up period and post-stimulation in tDCS (post-tDCS1 vs. follow-up, $p = 0.0316$, post-tDCS2 vs. follow-up, $p = 0.0036$, one-way ANOVA, $n = 3$ rats) and sham treated rats. pre-stim, pre-stimulation. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.0001$.

can emerge after certain stimulation protocols, such as 2 mA–20 min over human motor cortex [10]. Another possible explanation for the varying number of interictal spikes at different phases after stimulation is the non-linear long-lasting effect of c-tDCS with LTP-like excitation in the follow-up period after tDCS withdrawal [10,34]. Our results emphasize the importance of monitoring not only immediate inhibitory effects, but also post-stimulation rebound excitation when applying c-tDCS to treat patients with seizure and epilepsy.

EEG oscillations affected by a-tDCS were reported with increased beta and alpha power, varied theta response, and decreased delta power [35–39]. While high frequency gamma oscillations are shown to be enhanced by a-tDCS and decreased by c-tDCS [40], few studies investigated delta oscillations [41]. Our data show that repeated c-tDCS increased low-frequency delta power while decreasing high-frequency gamma and beta power. Interestingly, tDCS modulation on frequency specific EEG oscillations seems to act in a polarity dependent manner. In contrast to a-tDCS which increases high-frequency and reduces low-frequency oscillations [35–39], c-tDCS decreases gamma and beta high-frequency oscillation while enhancing delta low-frequency oscillation. The reduction of gamma high frequency and reinforcement on low frequency oscillation by repeated c-tDCS not only occurred in the KA-induced chronic spontaneous seizure rat model in this study but also in the acute SE rat model [20]. The negative correlation between pre-post stimulation changes of interictal spikes and delta

power provides evidence that the decrease of interictal spikes was related to the enhanced delta power immediately after tDCS. Notably, delta oscillation changes exhibit an inverse relationship with the changes in interictal spikes both in acute post-stimulation and subacute follow-up stages, suggesting that delta oscillations underlie the interictal spike changes following tDCS. Delta oscillation in sleep is involved in cognition, seizures and interictal spike activity in epilepsy patients [42], and is inversely correlated with interictal spike activities in drug-resistant epilepsy patients [43]. The role of low-frequency oscillations in modulating epilepsy remains unclear, despite studies showing that low-frequency stimulation can reduce seizure frequency [21,22] and infra-slow (< 1 Hz) oscillations can also modulate brain excitability and interictal spike frequency [44,45]. In the sham-controlled pre-post comparison study for tDCS, systemic variables such as anesthesia during stimulation and vigilance state across recordings, which may potentially affect IED and EEG oscillations, were controlled [46–48], showing that the significant delta oscillation increase and the correlated decrease in interictal spikes immediately after stimulation are tDCS-dependent. Our results suggest a possible mechanism for epileptic modulation through c-tDCS by enhancing delta oscillation power, thereby decreasing cortical excitability.

Low seizure severity and low-frequency ictal spike or spike-and-wave complex were observed in tDCS rats while high frequency dense polyspikes were more frequent in sham rats. These ictal EEG features observed in the chronic seizure rat model are similar but

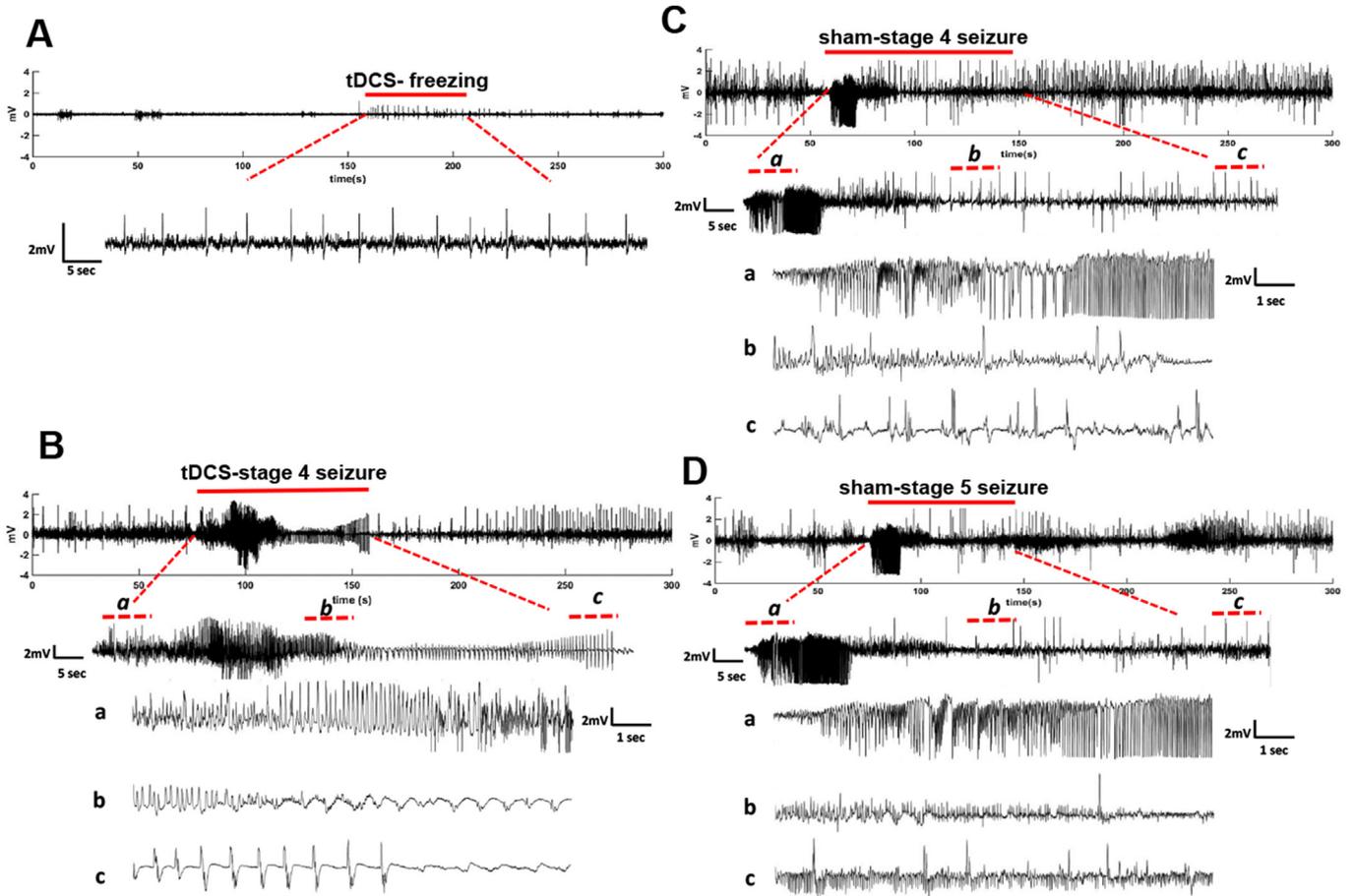


Fig. 4. Ictal discharges in the follow-up period after repeated tDCS. **A**, Ictal discharge in a post-tDCS treated KA rat presenting freezing seizure. **B**, Ictal discharge in a post-tDCS treated KA rat presenting stage 4 convulsive seizure. **C**, Ictal discharge in a post-sham treated KA rat presenting stage 4 convulsive seizure. **D**, Ictal discharge in a post-sham treated KA rat presenting stage 5 convulsive seizure. Red lines indicate simultaneous ictal EEG segments of the behavior seizures. Red dash lines, zoom-in of a, the initial, b, the middle and c, the end phase of each ictal EEG.

less prominent as those reported in KA-induced SE rats [20]. Unlike the reduction in both hippocampal BDNF protein expression and mossy fiber sprouting in tDCS-treated SE rats, there was a decrease

in BDNF protein expression but no changes to mossy fiber sprouting in the rat model of chronic spontaneous seizure following tDCS. The data suggest that the tDCS effect is lower in animals with lower

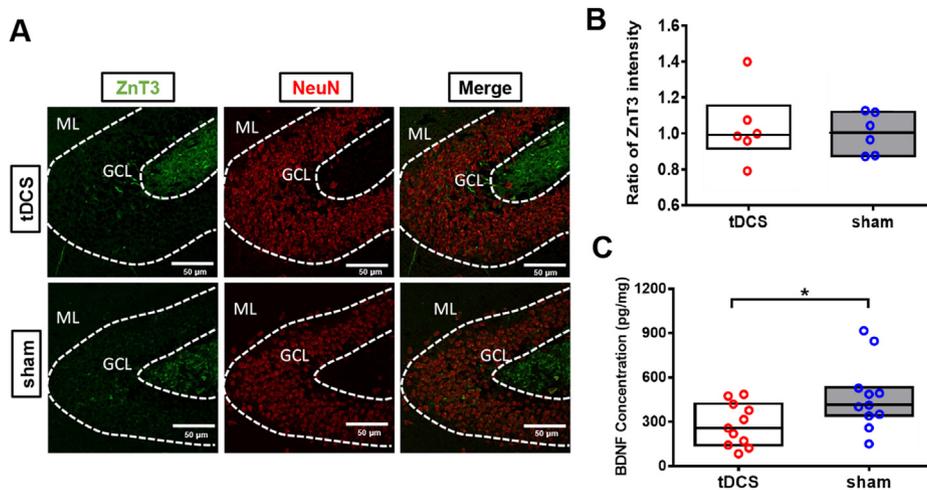


Fig. 5. Hippocampal mossy fiber sprouting and BDNF expression following repeated tDCS. **A**, DG mossy fiber sproutings by ZnT3 staining in tDCS and sham treated KA rats. **B**, Statistical graph comparing DG mossy fibers of tDCS-treated rats to sham (tDCS $n = 6$, sham $n = 6$, Mann–Whitney U , $p > 0.999$). **C**, Hippocampal BDNF protein expression of tDCS-treated rats compared with sham (Mann–Whitney U test, tDCS $n = 11$ vs. sham $n = 11$, median 256.3 vs. 415.4, $U = 27$, $p = 0.028$). Dark lines indicate median and boxes for IQR in B and C. DG, dentate gyrus; GCL, granular cell layer; ML, molecular layer. * $p < 0.05$.

seizure severity, such as the chronic rat model, than in acute SE models.

There are some limitations in the present study. First, the low seizure numbers from the chronic KA rat model make it difficult to obtain the statistical significance of tDCS on behavioral seizure reduction [25]. Second, a tDCS protocol including dosing, duration, session, and the indicated epilepsy type, has not yet been determined. Since we report that tDCS can enhance delta oscillations during stimulation and cause PIR-like firing following stimulation withdrawal, further research should carefully address these issues. Accordingly, clarifying whether severe seizures with high frequency polyspikes would benefit from tDCS more than sporadic seizures with low frequency rhythmic epileptiform discharges could provide important clues for the individualized translation of the non-invasive brain stimulation therapy for epilepsy. Third, the study lacks the mechanism by which tDCS modulates brain oscillations. tDCS traverses through skull to brain, where the current is possibly spreading out or activating connected neural circuits affecting various brain regions, thus dampening the DC focality [49]. Similar to other studies showing that low-frequency stimulation can reduce excitability [50–52], this study further reveals that inducing endogenous low-frequency oscillations, such as delta oscillations, by subthreshold DC stimulation can also decrease neural excitability.

Conclusions

This study shows that c-tDCS can immediately (1) enhance low-frequency oscillations in the delta frequency range, (2) reduce gamma and beta high-frequency oscillations, and (3) generate a significant reduction of interictal spikes in a chronic KA rat model with spontaneous seizures. Following stimulation withdrawal, interictal spike activities rebounded with a concomitant decrease of low-frequency delta and theta oscillations. This inverse relationship between changes of delta oscillations and interictal spikes during on- and off-stimulation suggests that the endogenous delta oscillation enhanced by c-tDCS could underlie the inhibitory effect of tDCS to reduce neural excitability in the epileptic brain.

Author contributions

Y.J.W. and K.S.H. designed research; M.E.C. and Y.J.W. performed research; M.E.C. and Y.J.W. analyzed data; Y.J.W., K.S.H., D.M.D., C.C.C., Y.Z.H., and M.E.C. wrote and revised the paper; D.M.D. and K.S.H. as consultant; Y.J.W. organized the study.

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Declaration of competing interest

The authors declare no competing interests.

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Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.brs.2021.04.025>.

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